## Skills Competition- Rules and Regulations

## GENERAL RULES

- No Player can participate in more than one event, meaning each team will provide a total of five skaters and one GOALIE.
- PLAYERS MUST WEAR FULL PROTECTIVE EQUIPMENT, INCLUDING NECK GUARDS AND MOUTH GUARDS FOR ALL COMPETITIONS.
- ALL DECISIONS MADE BY THE ON-ICE SKILLS COORDINATOR ARE FINAL.


## Fastest Skater Relay Race

- EACH TEAM WILL SELECT THREE SKATERS TO PARTICIPATE IN THE FASTEST SKATER RELAY RACE.
- SkAters will start at the centre ice line, and complete one full lap of the rink carrying a hockey stick.
- AS They complete one lap, players will hand off the stick to their next teammate, who will complete the next lap.
- SKATERS mUSt complete the lap with the stick in their hand (no throwing the stick to the next skater).
- The TEAM THAT COMPLETES THEIR RELAY THE FASTEST WILL BE DECLARED THE WINNER.


## Puck Handling Challenge

- EACh team will select one skater to participate.
- Players will start at the goal line, and weave through pylons and obstacles.
- IF A PLAYER LOSES THEIR PUCK, THEY MUST RETRIEVE IT AND COMPLETE THE OBSTACLE WHERE THE PUCK IS LOST BEFORE MOVING ON TO THE NEXT OBSTACLE.
- The player that completes the course in the fastest time is dechared the winner.


## Shootout Challenge

- EACH TEAM WILL SELECT ONE SKATER AND ONE GOALIE TO PARTICIPATE.
- THE PLAYER THAT SCORES THE MOST GOALS IS AWARDED TOP SHOOTER.
- The goalie with the most saves is awarded top goalie


## U9

- EACH SKATER GETS THREE SHOOTOUT/bREAKAWAY ATTEMPTS ON EACH GOALIE (Nine total). Do NOT SHOOT ON OWN GOALIE
- IN THE EVENT OF A GOALIE TIE, THE GOALIES WILL FACE FOUR MORE SHOOTERS (TWO PLAYERS SELECTED RANDOMLY TAKING TWO SHOOTOUT ATTEMPTS AGAINST EACH GOALIE).
- IN THE EVENT OF A PLAYER TIE, THE PLAYERS WILL RECEIVE THREE MORE SHOOTOUT ATTEMPTS (DON'T SHOOT AGAINST YOUR OWN GOALIE).
- IF STILL TIED AFTER THE THREE ADDITIONAL ATTEMPTS, THE SKATERS WILL CONTINUE WITH AN ADDITIONAL SHOT IN SUDDEN DEATH UNTIL A WINNER IS DECLARED.


## U11

- EACH SKATER GETS ONE SHOOTOUT/BREAKAWAY ATTEMPT ON EACH GOALIE (ELEVEN TOTAL). DO NOT SHOOT ON YOUR OWN GOALIE.
- In the event of a goalie tie, the goalies will face six more shooters (each player taking one more shootout ATTEMPT). The Shooters Will be chosen at random by the on-ice coordinator.
- In the event of a player tie, the players will receive three more shootout attempts. Goalies will be selected at RANDOM.
- If Still tied after three shots, the goalies will swap and the players will get three more shots.
- IF STILL TIED, TWO GOALIES WILL BE SELECTED AT RANDOM.
- If STill tied, one goalie will be selected at random.
- IF STILL TIRED, THE SHOOTOUT WILL CONTINUE SUDDEN DEATH UNTIL A WINNER IS DECLARED.

